

Introduction

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HypnoFix

Who am I?

My name is Phil Green Dip.H, MNCH(Lic),LAPHP,LHS, and I am a practising Fully Qualified Clinical Hypnotherapist. I am a graduate of The Central England College Of Clinical Hypnosis

What can I help you with?

- Weight Loss
- Anxiety & Panic Attacks
- Fears & Phobias
- Stress & Anxiety
- OCD
- IBS
- PTSD Post Traumatic Stress Disorder
- Sports Performance - Golf & Archery - Target Panic
- Chronic Pain
- Confidence & Self-Esteem
- Habits & Compulsions
- Insomnia
- Skin Improvement Psoriasis etc
- Emotional Issues

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What can I do for you?

My practice has been built upon the basis of a duty of care towards my clients and always giving helpful advice and guidance on the various issues. I pride myself in offering a caring and compassionate treatment to all. I have experience in treating the terminally ill as well as the more able and younger adults. All patients receive a factual and informed treatment.

My specialist areas are as follows:-

IBS - Irritable Bowel Syndrome as a sufferer in remission I can still hark back to the 22 years I had IBS. Its destructive nature and life controlling ways for the patient and their family. I'm now free from IBS and have been for a number of years. I can now help you free yourself of the nightmare that is IBS. I have worked with Michael Mahoney, MDHthp. I have studied under Mike and follow his proven program to treat IBS. I am currently combining my experiences and advice into what is hoped to be a book for release early next year. Read My IBS story and spot the similarities between my experiences and yours - [click here](#) You will know instantly I really do know how you feel.

OCD - Obsessive Compulsive Disorder. I am experienced with this ritual based disorder. Let me help you remove these rituals and bring normality back into your life. Like IBS, OCD is a very controlling complaint that has effects on you and your family and those others around you. I am willing to work with you to work through your OCD.

Stress and Anxiety - Alone these are bad enough, but combined with the two issues above, they go to trigger events. These can be IBS, OCD, PTSD but also breathing difficulties and Hyperhydrosis etc. I have a treatment plan that includes the use of Cognitive Behavioural Therapy and Hypnosis to assist you, in you, addressing your stressors and removing your anxiety and resulting in the eradication of both from your life. Giving you the life you really want. For further information Call NOW on 0845 658 9015 or 07930 638249 Or Skype - HypnofixMake that all important change to your life today!

Why am I the person to help? What is my Training?

I currently hold The Diploma in Clinical Hypnosis (Dip.H)

I am currently carrying out additional training to attain The Hypnotherapy Practitioner Diploma qualification. This is new and one of the latest available here in the UK - The Hypnotherapy Practitioner Diploma HPD is the first externally awarded national occupational qualification in Hypnotherapy. It is based upon the UK Government National Occupational Standards (NOS) in Hypnotherapy at Foundation Degree Equivalent. This certification is given by NCFE and is awarded completely independant of any training provider. The profession in the UK is regulated Voluntarily through professional

organisations such as The NCH and also the Umbrella body - UK Confederation of Hypnotherapy Organisations (UKCHO). The HPD qualification is widely regarded as the "Gold Standard" of Hypnotherapy achievements / Awards

I am a member of the National Council for Hypnotherapy and UKCHO Registered Reg No. 82684 and also a registrant of the UK Register of IBS therapists and the Hypnotherapists Register

I believe that continuous development should play a major part in giving my patients the best treatment possible so CPD is followed with vigour. The latest technology also assists me in delivering a Safe, Professional and efficient service to my Clients.

What skills will enable me to help you?

I have experience in the following techniques and procedures:-

- Accelerated Learning, including memory enhancement and rapid reading
- Analytical Hypnotherapy, including free association and directive techniques
- Anxiety states, including Ericksonian, NLP and Cognitive approaches
- Cell Regeneration Therapy (CRT) – an intriguing set of techniques for unconsciously reversing the ageing process. A rapidly growing area in the USA, yet to take off in the UK
- Cognitive Therapy (CBT) - of particular benefit in helping clients with depression
- Counselling skills, including Rogerian, Client centred, and Brief Therap
- EMDR - Eye Movement Desensitisation and Reprocessing - A remarkable new technique for dealing with many conditions including posttraumatic stress.
- Fast Phobia Release – Richard Bandler’s NLP technique for phobia removal, sometimes in one session only.
- Goal orientated hypnosis, including habit modification, smoking and overeating.
- Mind/Body links
- NLP including Future Pacing, Anchors, New Behaviour Generator, Six Step Reframing and Swish Pattern
- Psychoneuroimmunology – Cellular healing techniques for dealing with catastrophic illnesses by accessing the client’s own healing resources.
- Regression techniques
- Stress Management Techniques
- Substance abuse – strategies for effective help
- Time Distortion techniques for memory enhancement, pain control and behaviour modification.
- White light healing method

Where can I get treatment?

Treatment is available at my rooms at The Lemon Tree Clinic in Roseville, Coseley & now also available distance Hypnosis via Skype over the internet. Just search for Hypnofix or ring the Telephone numbers below and we can conduct your sessions via Skype How will I know if Clinical Hypnosis is for me? How does it differ from stage Hypnosis? What is Clinical Hypnotherapy Like? Watch the video clip below and judge for yourself. This is a typical treatment session the client has kindly given consent for you to be able to view this. See an NCH video of a typical client discussing their experience with hypnotherapy For further information Call now for an appointment 0845 658 9015 or 07930 638249 Or Skype - Hypnofix

Remember by doing what we have done all our lives has got us to where we are today, and given us what we have today...If we don't change, we just get more of the same...So make that change and call NOW and Make all your tomorrows better!